

Session 1- Class flow

1. Introduction (Teacher and student, student background, ice breaker)
2. Importance of Music, understanding of music
3. Introduction to classical singing & bollywood music
4. Singing Posture and voice anatomy
5. Breathing exercises-
Importance of breathing exercises
6. Vocal Warmups
 1. Importance of vocal warmups
 2. Neck exercises
 3. Lip Trill and tongue roll- Technique
 4. Doing a lip trill over a single note
7. Introduction to Scales
 - a. Going up and down the scale (Sa Re Ga Ma Pa Dha Ni Sa)
8. Music Theory
 1. Introduction to notes in music
 2. Natural Notes
 3. Accidental Notes
 - - Sharps
 - - Flats
 4. Listing All 12 notes in music
9. Song
 1. Asking the student to sing a song of their liking or convenience
 2. Asking them to prepare a certain song for the next session.
10. Summary of the entire session/ Doubt session

Session 2- Class Flow

1. Recap of previous class (Includes questions or follow up on any assignments given)
2. Breathing Exercises
 1. Omkar (Singing of Om)
3. Vocal warmups
 1. Neck exercises
 2. Lip Trills
 3. Range exercise- (Arpeggio exercise over the sentence- I can sing high and sing low)
4. Voice techniques
 1. Introduction to Voice registers
 - - Chest voice
 - - Head voice
 - - Mixed voice
 2. Learning the siren exercise
5. Scales exercises
 1. Going up and down the scales
 2. Reciting Alankar
6. Music theory
 1. Introduction to Music theory
 2. Defining scales
7. Song
 1. Implementing the concept of voice registers
8. Summary of the entire session/ Doubt session

Session 3-

Class flow

1. Recap of previous class (Includes questions or follow up on any assignments given)
2. Breathing Exercises
 1. Omkar (Singing of Om)
3. Vocal Warmups
 1. Neck exercises
 2. Lip Trills
 3. Siren exercise
 4. Hum and slide (1-5-1 exercise)
 5. Range exercise- (Arpeggio exercise over the sentence- I can sing high and sing low
4. Voice techniques
 1. Revision of voice in different scales
 2. Demonstration of different songs with different scales (pitch)
 3. Introduction to mixed voice, Importance of mixed voice
 4. Mixed voice exercise (Nasal exercise)
5. Additional exercises
 1. Going up and down the scales (with tempo changer)
 2. Singing of different pattern of notes with different alankar's
6. Music theory
 1. Construction of pitch timbre and naad
7. Song
 1. Fast tempo song and how to use breaths economically
8. Summary of the entire session / Doubt session

Session 4

Class flow

1. Recap of previous class (Includes questions or follow up on any assignments given)
2. Breathing Exercises
 1. Omkar (Singing of Om)
3. Vocal warmups
 1. Neck exercises
 2. Lip Trills
 3. Siren exercise
 4. Hum and slide
 5. Range exercise- (Arpeggio exercise over different syllables)
4. Voice techniques
 1. Revision of voice in different scales
 2. Demonstration of different songs with different scales (pitch)
 3. Mixed voice exercise (Nasal exercise)
5. Introduction to Raga
 1. Singing Aaroha, Avroha & Pakad
6. Music theory
 1. Introduction to notations
 2. Importance of learning how to read
7. Song
 1. Introduction to different genre of song (Sufi / Ghazal)
8. Summary of the entire session/ Doubt session

Session 5 Class flow

1. Recap of previous class (Includes questions or follow up on any assignments given)
2. Breathing Exercises
 1. Omkar (Singing of Om)
3. Vocal warmups
 1. Neck exercises
 2. Lip Trills
 3. Siren exercise
 4. 5 tone exercise
 5. Range exercise- (Arpeggio exercise over different syllables)
4. Voice techniques
 1. Revision of voice in different scales
 2. Demonstration of different songs with different scales (pitch)
 3. Mixed voice exercise (Nasal exercise)
5. Continuation of same raga
 1. Introduction to Drut Khayal
6. Music theory
 1. Introduction to Taal
 2. How to give beach of Taal by using hand
7. Song
 1. Using dynamics in a song
8. Summary of the entire session/ Doubt session

Session 6-

Class flow

1. Recap of previous class (Includes questions or follow up on any assignments given)
2. Breathing Exercises
 1. Omkar (Singing of Om)
3. Vocal warmups
 1. Neck exercises
 2. Lip Trills
 3. Siren exercise
 4. Range exercise
4. Voice techniques
 1. Vocal tone exercise- Fade In Fade Out
 2. Introduction to legato, staccato & vibrato
5. Continuation of same raga
 1. Introduction to Alaap and Taans
6. Music theory
 1. Continuation of Taal
 2. Revision of giving beach of taal by using hand
7. Song
8. Summary of the entire session/ Doubt session

Session 7

Class flow-

1. Recap of previous class (Includes questions or follow up on any assignments given)
2. Breathing Exercises
 1. Omkar (Singing of Om)
3. Vocal warmups
 1. Neck exercises
 2. Lip Trills
 3. Siren exercise
 4. Range exercise
4. Voice techniques
 1. Opening the throat
 2. Think down for high note
 3. Chest up
5. Revision of the Raag with Tanpura & Tabla
6. Music theory
 1. Introduction to Tanpura and its usage
7. Song
 1. Presentation of song assignments given
8. Summary of the entire session/ Doubt session

Session 8- Class flow

1. Recap of previous class (Includes questions or follow up on any assignments given)
2. Breathing Exercises
 1. Omkar (Singing of Om)
3. Vocal warmups
 1. Neck exercises
 2. Lip Trills
 3. Siren exercise
 4. Range exercise
4. Voice techniques
 1. Tone exercises revision
5. Singing presentation of the whole Raga
6. Music theory
 1. Continuation to Tanpura's usage
 2. Reading Simple 4 bar patterns in the key of C major
 3. Key signature of C major
7. Song
 1. Implementing techniques learnt so far
8. Summary of the entire session/ Doubt session